



MY SEVENOAKS  
COMMUNITY



# THE ULTIMATE CHRISTMAS GIFT GUIDE

*Sevenoaks 2023*

Health &  
Beauty

Fashion &  
Jewellery

Food &  
Drink

Home &  
Lifestyle

# THE ULTIMATE CHRISTMAS GIFT GUIDE

*For Sevenoaks*



**MY SEVENOAKS  
COMMUNITY**

Welcome to our first Christmas guide!

I set-up Sevenoaks Community 7 years ago and the My Sevenoaks Community website followed a few years later. My aim in doing so was to promote everything good about living, working or visiting the town and its surrounding areas.

Like most towns we have issues, mainly around parking charges and the number of chains joining our retailing community. Along with covid seeing an increase in online shopping, our independent retailers and those businesses without a shop window have suffered greatly. This year's guide will hopefully entice you to support those businesses, along with our pubs and restaurants. I hope this guide gives you a few ideas and highlights some of our lovely shops.

I've also taken the opportunity to promote our great local charities, Friends for Families, Sevenoaks Larder and The Hygiene Bank, all of whom were created in Sevenoaks and now thrive because of the generosity of this wonderful community.

May I take this opportunity to wish you all a very happy and peaceful Christmas.

*Steph Harrison*

Founder of My Sevenoaks Community

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[mysevenoakscommunity.com](http://mysevenoakscommunity.com)

 [zoakskent](https://www.facebook.com/zoakskent)  [mysevenoakscommunity](https://www.instagram.com/mysevenoakscommunity)



**“I will honor Christmas in my heart,  
and try to keep it all the year.”**

*A Christmas Carol*

# Bat & Ball Sports



**With 40 years of experience in the industry, Bat & Ball Sports is Kent's leading sports specialist based here in Sevenoaks, Kent. We pride ourselves in providing specialist product knowledge and excellent customer service. We aim to provide you with an extensive range of products from all the major sports brands. From sports equipment to footwear and clothing, we've got you covered.**

**We have plenty of products which are perfect presents for those who are into their sport. From golf balls and accessories, the latest football or table tennis table for the whole family to enjoy.**

**01732 450111**

**10 London Road, Sevenoaks TN13 1AJ**

**[batandballsports.co.uk](http://batandballsports.co.uk)**

“Oh, Christmas isn’t just a day,  
it’s a frame of mind”

Miracle on 34th Street

# Chic et tralala



Chic et tralala is a homely and inviting French style interiors shop offering characterful hand painted furniture, home accessories, gifts and ‘nearly new’ designer women’s clothing where the welcoming team is at your service. The inspiring display, over a succession of 4 little showrooms, combines vintage, antiques and new items, for all budgets. You will also discover a selection of original artwork and unique craft.

The heart warming Christmas display will be available to view from 10th November: one not to miss and a great way to kick start the festive season! Items on offer include handmade unique Christmas decorations skilfully crafted by creative local people, Chic et tralala’s popular homemade pot-pourri and everything to add a sprinkle of joy to your home.

07977 536 897

1 Dorset St, Sevenoaks TN13 1L  
[contact@chicettralala.co.uk](mailto:contact@chicettralala.co.uk)  
[chicettralala.co.uk](http://chicettralala.co.uk)

**“Just remember, the true spirit of Christmas lies in your heart”**

*The Polar Express*

# The Chocolate Shop



**Nutty, fruity, chewy or simply sumptuously chocolaty, at The Chocolate Shop you can choose your own selection to create the perfect present for your family and friends, colleagues or customers.**

**Choose from our superlative selection of over 300 chocolates to help you fulfil every chocolate lover's dream.**

**For over 30 years The Chocolate Shop has researched and refined our selection of chocolates and truffles, including vegan, gluten and dairy free varieties and we've spent time sourcing our extensive variety of packaging, which ranges from simple compostable cellophane bags to individually created fabric covered display boxes.**

**Why not pop into the shop to explore everything we have to offer (including the sample dish).**

**We are proud to be one of the last remaining independent shops in Sevenoaks and would to wish all our customers best wishes for the festive season.**

**01732 742350**

**69 London Road, Sevenoaks TN13 1AX  
[info@thechocolateshopsevenoaks.co.uk](mailto:info@thechocolateshopsevenoaks.co.uk)  
[thechocolateshopsevenoaks.co.uk](http://thechocolateshopsevenoaks.co.uk)**

**"At Christmas, all roads lead home."**

*Marjorie Holmes*

# Cryojuvenate

**CRYOJUVENATE**  
KENT'S CRYOTHERAPY SPECIALISTS



**Have Yourself a Cryo Christmas!**

**'Tis the season to pamper, party and indulge. From beauty and relaxation to general health and wellbeing, our wide range of treatments, and team of specialists, have got you covered.**

**Cryotherapy is a high-tech solution for kick starting the body's natural healing processes and a HUGE hit amongst celebrities and world-class athletes.**

**Looking for the perfect gift? Treat your loved ones to the gift of cryotherapy at our multi award-winning clinic.**

**Whole Body Cryotherapy | Localised Cryotherapy | Luxury Cryo Facial | Sports Massage  
Deep Tissue Massage | Fat Freezing | EMS Medisculpt | Body Sculpting | CryoPen  
Vitamin Injections | IV Therapy | Compression Therapy | Diagnostics Testing | Red Light Therapy**

**01732 449411**

**54 High Street, Sevenoaks, TN13 1JG**

**[cryojuvenate.com](http://cryojuvenate.com)**

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**[mysevenoakscommunity.com](http://mysevenoakscommunity.com)**

“Christmas is a together sort of holiday”

Winnie The Pooh

# Eat For Energy



The festive season is all about over-indulging but that doesn't mean you can't take control of how you feel..

Eat for Energy is an exciting destination for the health conscious and curious of Sevenoaks, serving the local community with a shop full of delicious health-oriented food, the latest herbal remedies and an array of vitamin supplements to boost physical and mental wellbeing.

But we are not your typical health shop. We are family-run, intensely passionate about the impact nutrition can have on your day-to-day life and wholly committed to prove that healthy eating and delicious food need no longer be mutually exclusive.

The human body is a sophisticated machine, so is it any wonder how we fuel it can dramatically affect how it performs?

Let us help you get the most from yours. Take control of how you feel, eat for energy and enjoy a better you.

01732 666 070

1 Bank Street, Sevenoaks, TN13 1UW

[www.eatforenergy.co.uk](http://www.eatforenergy.co.uk)

**“If you look for it, I’ve got a sneaky feeling you’ll find that love actually is all around.”**

*Love Actually*

# Harveys Menswear



**Find the perfect gift for the man in your life at Harveys. Designer menswear and accessories from brands including BOSS, GANT, CANALI, PAIGE and lots more.**

**Whether it's a new jumper, shirt or coat, a new hat and scarf set or wallet or even just some new underwear it can all be found at Harveys. Likewise if he's not that easy to buy for we always have our gift card option - the gift that always fits.**

**01732 459454**

**3-4, Well Court, Bank St, Sevenoaks TN13 1UN**

**[rick@harveysmenswear.co.uk](mailto:rick@harveysmenswear.co.uk)**

**[HarveysMenswear.co.uk](http://HarveysMenswear.co.uk)**



“The smells of Christmas are the smells of childhood”

Richard Paul Evans

# Inca Pottery



Unusual gifts that are little different...

Inca Pottery is a small, independent business local to Sevenoaks. The online shop offers a range of handmade stoneware ceramics in various colours, providing pieces to suit every space. It's all dishwasher, microwave and oven safe.

Each item is designed and created with functionality in mind so you can use it in your home.

Products include olive bowls, chip and dips, tapas serving bowls and pendants along with made to order dinner sets and personalised pet bowls.

07716901064

[incapottery@gmail.com](mailto:incapottery@gmail.com)

[incapottery.co.uk](http://incapottery.co.uk)

**“Peace on Earth will come to stay,  
when we live Christmas every day.**

*Helen Steiner Rice*

# Innae Sports



**Innae is a premium, sustainable sportswear brand for both women and men, developed and designed in Sevenoaks. Local lady and Taekwon-do Instructor: Alison Hadlow, has created an empowering brand that has its origins in martial arts, but the clothes are for everyone. Innae means 'perseverance' in Korean and Alison wanted to create a brand that supports each individual's journey to fitness. Innae doesn't believe in a type, it's all about persevering to achieve your goals, empowerment and inclusivity. All the products are made from a minimum of 86% recycled materials some items are 100% recycled.**

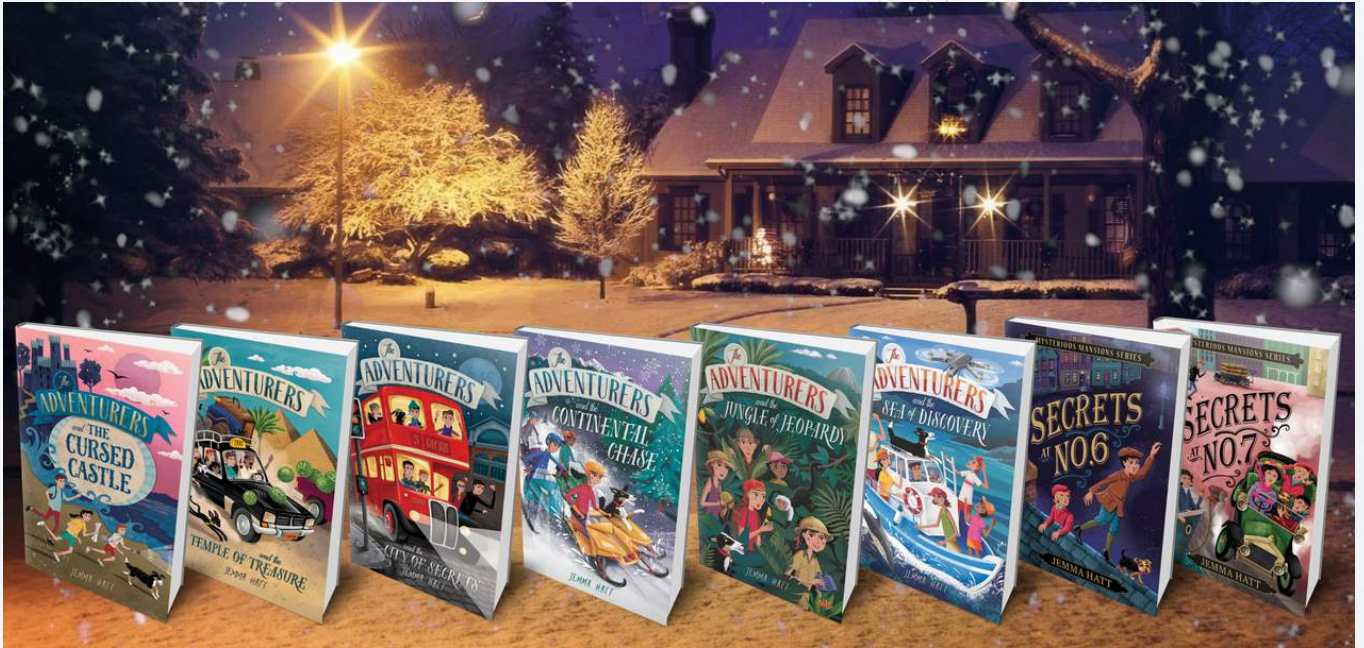
**[innaesports.com](http://innaesports.com)**

**[customercare@innaesports.com](mailto:customercare@innaesports.com)**

**“Just because you can’t see something doesn’t mean it doesn’t exist.”**

*The Santa Clause*

# Jemma Hatt



**Give the gift of adventure this Christmas! Local writer Jemma Hatt is the author of The Adventurers Series and Mysterious Mansions Series.**

**Winner of the 2020 BookBrunch Selfies Award and now translated in multiple languages, these action-packed stories are perfect for young adventurers aged 8-12 and beyond.**

**For a special gift to encourage a lifelong love of reading, signed and dedicated copies may be ordered online. Paperbacks, eBooks and audiobooks are also available from all major retailers.**

**[www.jemmahatt.com](http://www.jemmahatt.com)**

“Christmas was on its way. Lovely, glorious, beautiful Christmas, upon which the entire kid year revolved.”

*A Christmas Story*

## Lillian's Kitchen



**Celebrating a special occasion this December? Or looking for Christmas Day dessert?**

**Sharon Taylor will design and bake a contemporary or classic cake that is special to you.**

**079466116738**

**[shaz.taylor@gmail.com](mailto:shaz.taylor@gmail.com)**

**[Lillian's Kitchen on Facebook](#)**

**"That's what Christmas memories are made from, they're not planned, they're not scheduled, nobody puts them in their Blackberry, they just happen.."**

*Deck The Halls*

## **Lovell & Vie**

## *Lovell & Vie*



**Lovell & Vie is an independent boutique founded in 2013. Our customers know us for our welcoming personalised service and our passion for elegant lingerie, nightwear and swimwear.**

**Kari, the owner of L&V, who is originally from Norway and has lived in Sevenoaks for over 35 years. Lovell & Vie was founded in Hollybush Lane in 2013. Kari decided to make the move to the centre of Sevenoaks in 2020, for a new exciting venture. This year we celebrate our 10th Anniversary! Kari has a passion for elegant lingerie and with her experience she understands the importance of the perfect fit, with a personal service.**

**01732 454445**

**8 Blacks Yard, Sevenoaks, Kent, TN13 1DS**

**[shop@lovelandvie.co.uk](mailto:shop@lovelandvie.co.uk)**

**[lovelandvie.co.uk/](http://lovelandvie.co.uk/)**

"Merry Christmas you filthy animal."

Home Alone 2

# The Pink Zebra



The Pink Zebra is a quirky little shop, offering a range of wildlife products created by a Cape Town artist whose inspiration is "to portray animals in such a light that we remember them and ultimately conserve them for future generations." The range includes signed prints, placemats, cushions, coin purses and coasters, as well the famous PINK ZEBRA range, with donations from every purchase going to care for wild rhino's in their sanctuary in South Africa.

Bright, fun and full of great gifts for those Christmas stockings. So, pop along to see Hilary at her shop in Holly Bush Road, or on Saturdays at Blighs market in the heart of town.

0776 0128027

31 Holly Bush Road, Sevenoaks, TN13 3TJ

[hilary@thepinkzebras.co.uk](mailto:hilary@thepinkzebras.co.uk)

[thepinkzebras.co.uk](http://thepinkzebras.co.uk)

**"It's the most wonderful time  
of the year"**

*Andy Williams*

# Sarah Grant Personal Stylist



**The party season is here! Are you ready to find your style?**

**Sarah Grant is an Image Consultant and NLP Practitioner and she's here to help you feel great from the inside and out, from top to toe.**

**Sarah's services include: colour analysis, style analysis, wardrobe detox, personal shopping, make-up tutorials, scarf-tying workshops and styling retreats.**

**"Dress how you want to feel and shine with confidence"**

**07766 871918**

**[sarah@sarahjanegrant.co.uk](mailto:sarah@sarahjanegrant.co.uk)**

**[sarahjanegrant.co.uk](http://sarahjanegrant.co.uk)**

**“The best way to spread Christmas cheer is singing loud for all to hear.”**

SP

# Sawn by Sarah

**Sawn**  
*by Sarah*



**Looking for a truly unique gift this Christmas.? Then look no further...**

**All of my handmade wooden designs - from charcuterie boards to dining tables to candle sticks - are unique and harness the natural beauty of timber. I work with English hardwoods and epoxy resin to create distinctive pieces that will make a statement in your home or a gift to be treasured for years to come.**

**[Sawnbysarah.com](http://Sawnbysarah.com)**  
**[sawnbysarah@gmail.com](mailto:sawnbysarah@gmail.com)**



**“Rudolph, with your nose so bright,  
won't you guide my sleigh tonight?”**

*Rudolph The Red-Nosed Reindeer*

# Strawberry Rose



**Purveyors of fine confectionery.**

**Strawberry Rose specialise in beautiful handmade chocolates,  
sourcing the finest 100% sustainable cocoa, supporting cocoa farmers  
in West Africa.**

**Displayed in luxurious, recyclable floral shoulder boxes, our  
chocolates are sure to be a crowd favourite from the moment they  
arrive, until the very last bite.**

**[Strawberry Rose on Facebook](#)  
[enquiries@strawberryroseevents.co.uk](mailto:enquiries@strawberryroseevents.co.uk)**

**"I'm of the mindset that you can never do too much to make a child's Christmas magical."**

*Jingle All The Way*

**Tropic**

**TROPIC**



**LIMITED EDITION** **£30**

**Skincare Staples**

Tropic's luxury baubles hold travel-sized routines, carefully curated for different skin types.

**TROPIC**



**LIMITED EDITION** **Under £50**

**Give A Gift Of...**

Joy, Love and Peace this festive season with Tropic's aromatherapy tins.

**TROPIC**



**LIMITED EDITION** **Under £30**

**Sumptuous Self-Care for Someone Special**

Whether you're filling a stocking or going the extra mile decorating your festive table, Tropic's crackers make thoughtful gifts.

**TROPIC**

**Local resident Lucy Talbot is a Tropic Skincare Ambassador. Imagine a beauty routine that feeds your skin with the most nutritious natural ingredients, protects the planet and supports good causes. Wouldn't that be extraordinary? Actually, it would be Tropic.**

**Get in touch to discover our range of award-winning skincare and limited-edition festive gifts.**

**07841163671**

**[tropicskincare.com/LucyTalbot](https://tropicskincare.com/LucyTalbot)**

**“What if Christmas, he thought, doesn’t come from a store. What if Christmas ... perhaps ... means a little bit more!”**

*How The Grinch Stole Christmas*

# Up and Running

**UP & RUNNING**  
EST. 1992



**We have been serving the runners of the Sevenoaks area for over 12 years. Our running specialist store is owned and staffed by runners and we aim to offer you the very best in-store experience for selecting your running kit. We offer free video gait analysis for taking the guesswork out of your shoe selection and have a wide range of road, track and trail shoes from the top brands. We also have high performance running apparel, accessories and sports nutrition.**

**Call in for free advice - we like nothing better than to talk running!**

**01732 743354**

**150 High Street, Sevenoaks, TN13 1XE**

**[upandrinning.co.uk](http://upandrinning.co.uk)**

# The true meaning of Christmas? Giving.



**DIRECT,  
PRACTICAL  
HELP FOR  
LOCAL  
FAMILIES  
WHO NEED  
IT MOST**

## Friends For Families Sevenoaks

**PLEASE SUPPORT US - EVERY DONATION CAN MAKE A BIG  
DIFFERENCE IN YOUR LOCAL COMMUNITY**  
[www.friendsforfamilies.org/donate](http://www.friendsforfamilies.org/donate)

### Merry Christmas



**Our Christmas Chocolate Box Collection returns for 2023**

Welham Jones would like your help with collecting selection boxes or sweets for children in our community this Christmas. All donations will be split between our local hospices, hospitals and food banks who all play an important part in our community.

Donations can be made to any of our Sevenoaks Branch - 156 London Road, Sevenoaks, TN13 1DJ  
by **Friday 15th December 2023.**



Thank you and Merry Christmas from all of us at Welham Jones

# The true meaning of Christmas? Giving.



## SEVENOAKS LARDER A HELPING HAND FOR OUR COMMUNITY

Sevenoaks Larder is a food support service that helps residents of Sevenoaks, Chevening, Chipstead, Dunton Green, Halstead, Kemsing, Otford, Riverhead, Seal, and Weald, who are struggling to pay for their weekly food shop.

Our principles are simple:  
Fresh Food, Choice, given with Kindness & Compassion.



To find out how to  
DONATE visit our website

Registered Charity 1192371



Hope Church  
Mill Lane Centre  
Mill Lane  
Sevenoaks  
Kent  
TN14 5BX  
[www.sevenoakslarder.com](http://www.sevenoakslarder.com)  
[sevenoakslarder@gmail.com](mailto:sevenoakslarder@gmail.com)  
07747 133750



follow us  
[@sevenoakslarder](https://www.instagram.com/sevenoakslarder)



## Give back this Christmas

Everyone deserves to feel clean

Help us provide hygiene basics to food banks, schools, colleges, baby banks, refuges and shelters throughout the UK.



To donate £5  
text BASICS to 70085  
or scan the QR code.

Texts cost the amount donated plus one standard rate message. You'll be opting in to hear more about our work and fundraising via telephone and SMS. If you'd like to donate but do not wish to receive marketing communications, text BASICSNOINFO to 70085.

[www.thehygienebank.com](http://www.thehygienebank.com) | [@thehygienebank](https://www.instagram.com/thehygienebank) Charity Number 1181267 & SC049895





# OUR TOP PICKS FOR CHRISTMAS GIFTS

## LOVELL & VIE

Get cosy this Christmas with these classic Ralph Lauren pyjamas. Brushed Herringbone Twill and comes in cream, red or black plaid.

£119



## THE PINK ZEBRA

This gorgeous cosmetic washbag is super chic. The perfect place to hold your make up and toiletries ahead of the party season!

£28





## EAT FOR ENERGY

Terra Nova Life Drink is deeply nourishing and intensely synergistic. Life Drink is designed for those who choose to follow a more natural and holistic wellness lifestyle. Whether taken on its own or with your favourite multivitamin, Terra Nova Life Drink is an ideal nutritional foundation to start your day.



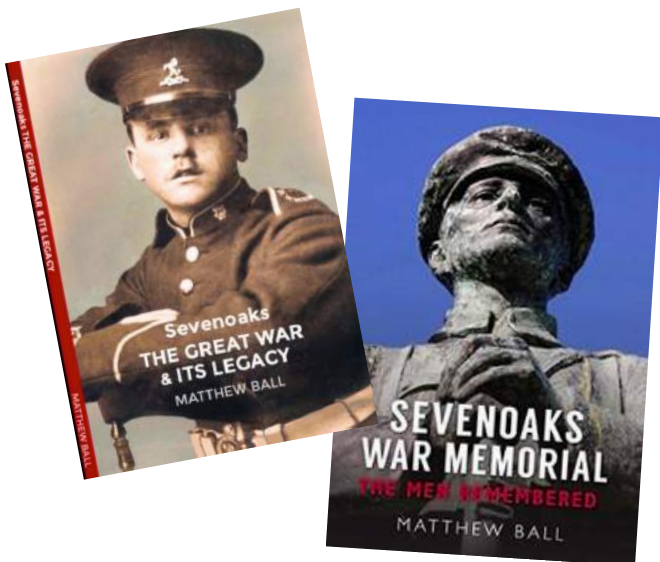
£33.71

## LOCAL HISTORY BOOKS

Local historian Matthew Ball has written two books on Sevenoaks during The First World War. 'The Men Remembered' and 'The Great War and its Legacy.'

The books are available from Sevenoaks Bookshop.

£14.99



## UP & RUNNING

Stay safe this winter with the Gato Adjustable Chest Light. With an easily adjustable harness, it lights your path for 20m using the 500-lumen front torch. Red LEDs on the back ensure you are seen from behind. It is USB rechargeable and provides 5 hours of illumination.



£40





## SAWNBYSARAH

This handmade beautiful live edge solid wood candle holder/ tea light holder would light up any festive table setting!

£25

## TROPIC

Imagine a beauty routine that feeds your skin with the most nutritious natural ingredients, protects the planet and supports good causes. Wouldn't that be extraordinary? Actually, it would be Tropic. Get in touch to discover our range of award-winning skincare and limited-edition festive gifts.

£30







## CHIC ET TRALALA



Scented French Mathilde M range of Christmas decorations in a gift box with spray £24, plaster lace tablets to snap and place in drawers, cupboards, handbags or car £17. All beautifully wrapped!

£17-24

## BAT & BALL SPORTS

These fun rugby balls are great stocking fillers for the sports fanatics in your life.

£8-15



## INCA POTTERY

This hand thrown piece is a perfect noodle/ramen bowl, designed with a deep foot to comfortably fit in one hand. It comes with a set of wooden chopsticks which sit on the top of the bowl and are held in place by two holes at the side.

£28





## HARVEYS MENSWEAR



The BOSS Hyde Bib Overcoat in Open Beige at Harveys Menswear.

This HUGO BOSS slim-fitting over-coat in a patterned material in a versatile open beige colour, detailed with a zip-up inner for added functionality which can easily be zipped out depending on how you want to wear it. A perfect coat for formal wear but also a great look to wear with jeans on more casual days.

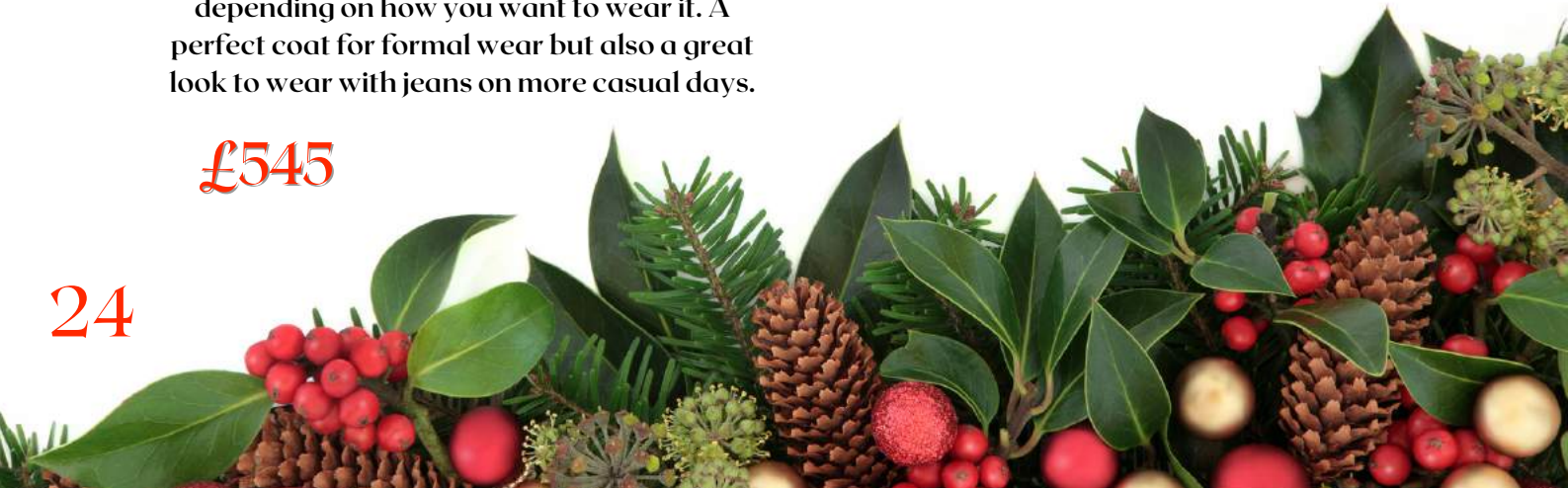
£545

## INNAE SPORTS



This 100% Organic Cotton Cap looks equally good with sportswear or jeans. Fully adjustable, there's a cool look for everyone. It is embroidered with the INNAE logo and has a fully adjustable metal buckle. One size.

£18





## CHILDREN'S BOOKS

### CRYOJUVENATE

60 minutes of pure bliss.  
Looking for something a bit different? You can book a facial anywhere but this celebrity-style cryofacial is hard to come by!



£69



For the book-lovers!  
Reading and creative writing can benefit children to no end; from personal development and problem-solving to expanding the imagination and enhancing play behaviour.

Check out these award-winning books by Jemma Hatt.

£6.99

### THE CHOCOLATE SHOP

Our ever popular traditional ballotins are available from 1 choc to 1 kilo and all sizes in between. You can select your own chocolates or choose from a wide variety of prefilled boxes.



FROM £6.95





## LIME TREE WORK SHOP



A unique gift for all of your friends who family members who see themselves as budding DJ's before their blurb.

Whether you are a complete beginner, or want to up your skill level, Seb will tailor your one-to-one private DJ session to your ability. Session duration: 50 minutes.

Sessions at: 12:30pm, 1:30pm, 2:30pm, 3:30pm and 4:30pm

Seb is an experienced and talented DJ who is signed to London based agency Storm DJs.

[Read his bio here.](#)

[limetreeworkshop.co.uk/](http://limetreeworkshop.co.uk/)

No experience needed.

**£45 - 65**

## MARCO SEVENOAKS

For your traditional Christmas Panettone look no further than Marco Sevenoaks. Starting at just £2.95 and rising to £39.95, these beautiful sweet treats are a must this Christmas.

[marco-sevenoaks.co.uk](http://marco-sevenoaks.co.uk)



**FROM £2.95**





## LILLIAN'S KITCHEN

Father Christmas and  
Robin Redbreast  
novelty chocolate  
orange treats.

£9.50

## STRAWBERRY ROSE

Artisan Chocolate Box.  
Includes x 16 handmade  
bon bons.

£28





## SARAH GRANT PERSONAL STYLIST



Elevate your fashion and gather your friends for a fun experience. Learn 12 ways of scarf tying.  
Buy now and tie the knot of fashion.  
A great gift idea for 6 ladies.

**£90**



POWERED BY



# MY SEVENOAKS COMMUNITY

## CONTACT US

[steph881@hotmail.com](mailto:steph881@hotmail.com)

07961 042917

[mysevenoakscommunity.com](http://mysevenoakscommunity.com)

 [7oakskent](https://www.facebook.com/7oakskent)

 [mysevenoakscommunity](https://www.instagram.com/mysevenoakscommunity)